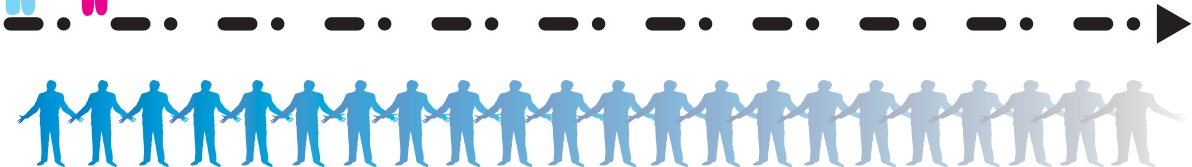
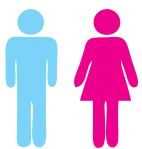
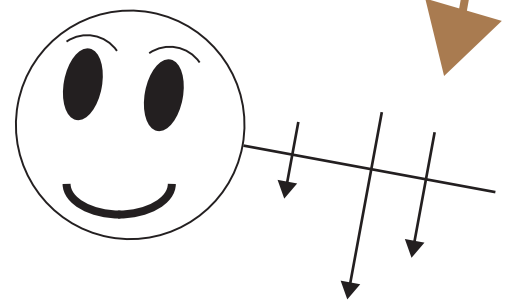


# REKA by Yuval Avital

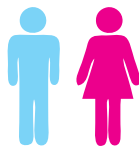
## CROWD MUSIC

### guide & score

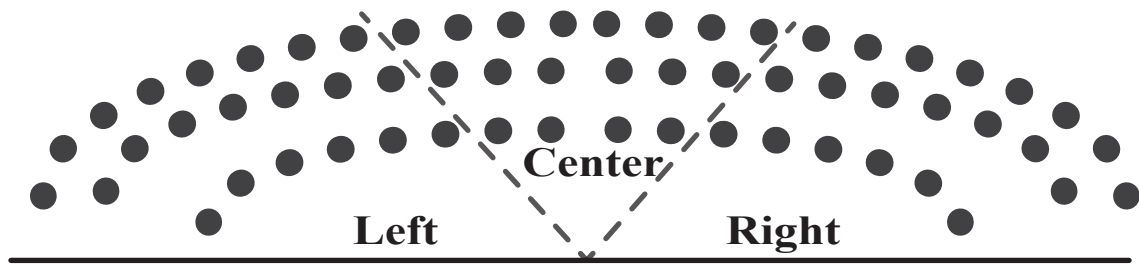


# BASIC GUIDELINES OF CROWD MUSIC :

01. There is no need to know to read music, or even to have a previous musical experience to be a part of the crowd.
02. There is no need to be "in tune", since absolute pitch would not be used at all.
03. All the components of the crowd part should be easy and could be taught in few minutes.
04. All components should be composed of a simple textual explanation and/or a graphical indication.
05. Conductor should use extremely simple gestures to communicate with the CROWD.
06. There should not be a "right" or "wrong" way to perform an element; each interpretation of an element is a result of a dialogue between conductor and crowd.
07. COMMUNICATION IS MORE IMPORTANT THAN INTERPRETATION.
08. the crowd is one, but sometimes might be divided into sub groups:
  - A) Division between men and women;



- B) Division into segments of the crowd, depending on your position - left, center, right.



09. THERE IS NO MAXIMUM NUMBER OF PARTICIPANTS (only due to space limitations of the performing venue).
10. EVERYONE WHO WISHES TO BE APART OF THE CROWD CAN BE INCLUDED with the condition that he or she will respect the process of study, rehearsals and performance, and will use his or her voice to enrich the crowd - NOT to go against it.

## BASICS - numbers & cycles:

**The crowd part, like all music, is composed of elements in time.**

Each element in your part has a number from one to ten, that will be indicated by the conductor with his fingers during the rehearsals and the concerts. After the conductor will reach event number 10, he will trace a large circle in the air indicating a new **cycle**, that again will be from one to ten.

**Example:** conductor changing a cycle



**Example:** conductor indicating a number



# START, STOP, WAIT:

conductor's indications :

in score :



start with conductor's sign



stop with conductor's sign



wait (count until...) then continue/start



READY?



SET,



GO!!!



STOP

## SCORE INDICATIONS & CONDUCTOR INDICATIONS:

In the score you will find **WHAT** you need to do with your voice in each section. Each element will be composed of graphical intuitive signs and explanatory text. **Each element you will do in REKA, will be explained also in the online tutorials and during rehearsals. Super easy.**

### Example:

3) MEN: sing long lowest note possible, alternating closed and open mouth according conductor indications.

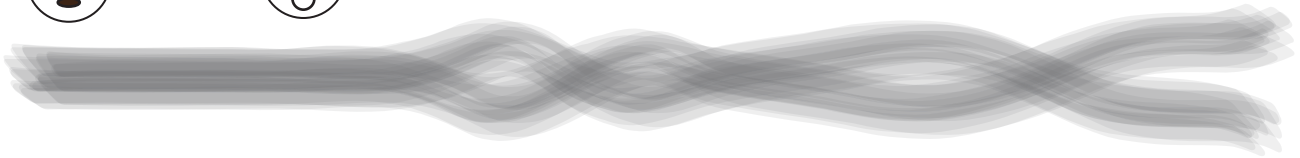
(intuitive sign of lowest note possible)



(intuitive sign of open to closed mouth transition)



(graphical representation of overall result)



(intuitive sign of men)



(conductor showing with hand how open or closed is your mouth).

### Example for other verbal indications in the score:

**SHOUT**

**MEDITATIVE**

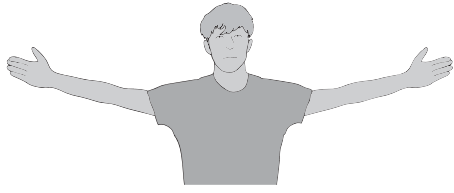
**MUMBLE**

**VERY INTENSE**

**MECHANICAL**

In addition, there are some global gesture indications of **HOW** to do the elements that will be done by the conductor. **REKA** is a kind of a sound/gesture game, open to all.

# LIST OF CONDUCTOR GESTURES :



ALL SING



CHOSEN PART OF CROWD SING



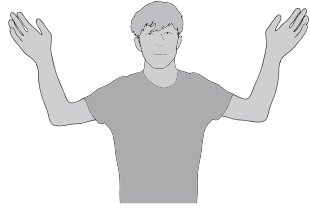
LEFT PART SING



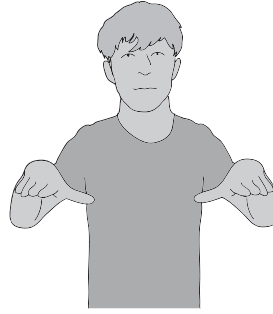
RIGHT PART SING



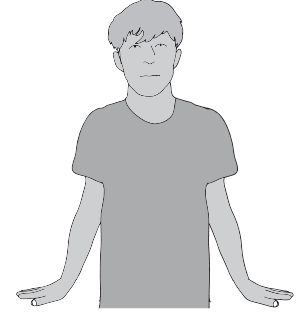
SING VERY LOWD



SING STRONGER



SING SOFTER



SING QUIET



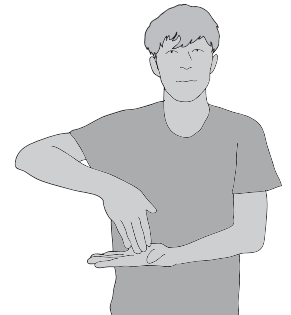
SING HIGHEST NOTE POSSIBLE



SING HIGHER



SING LOWER



SING LOWEST NOTE POSSIBLE



PREPARE TO STOP



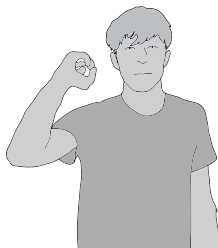
FADEOUT



STOP



READY?



SET,



GO!!!



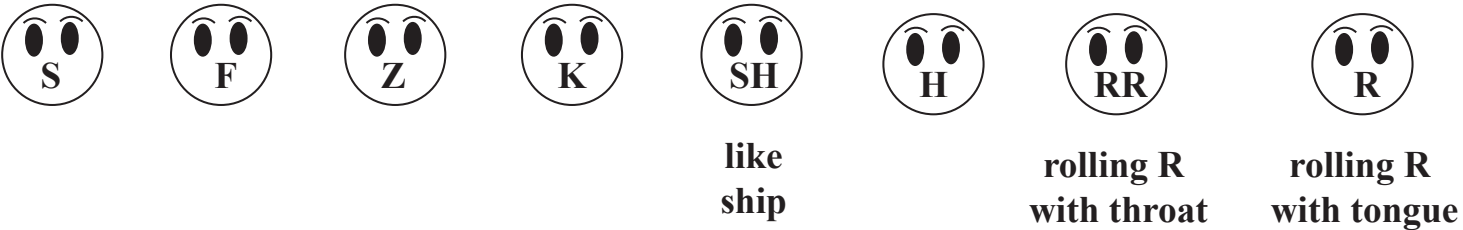
Conductor will use other gestures that help enriching the musical interpretation, like conductors always do :)

# ELEMENTS within REKA :

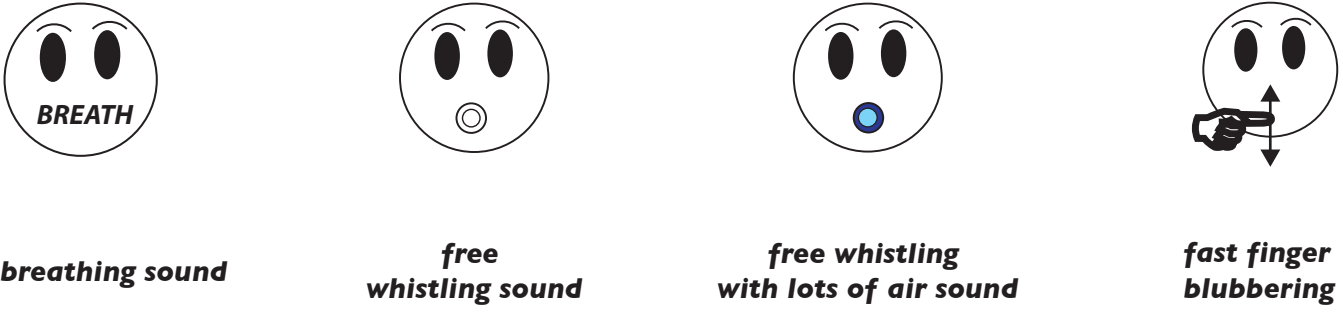
## 01. vocals



## 02. consonants



## 03. special sounds

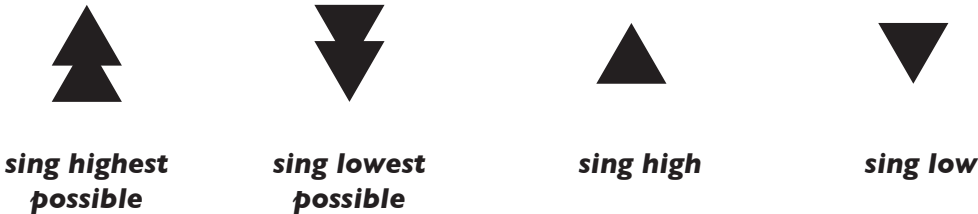


## 03. verbal indications of actions (examples)

-imitate the singer next to you / the soloist / the drums as accurate as possible.

-imitate the singer next to you / the soloist / the drums a little out of tune.

## 04. Height



# CHANTS :

**CHANTS** are inspired from ancient vocal traditions. **YOU DON'T NEED TO KNOW MUSIC** to sing them. They have easy, intuitive indications, which I advice you to read once or twice.

Verbal indications:

EXTREMELY SLOW- SLOW - MODERATE - FAST - FASTEST POSSIBLE

and also :

FREE (not in rhythm) / MEASURED (a little rhythmical) / RYTHM (more precise) /

blah blah blah

spoken normally

*blah blahblah blahblah*

spoken with movement

**BLAH BLAH BLAH**

sing firm note (mantra)

*blahblah blahblah blah/ah blahblah*

sing moving notes (melodic)

blah blah blah

whispered

## 03. accents, ornaments, contours & noemas

*\* looks too much to handle ? don't worry.*

*Just look at it twice, and it will come to you naturally - you'll see :)*

*aaaakaaa*

**one vocal accent**

*aaaakaaa*

**acciacatura up  
(strong low to soft high)**

*aaaakaaa*

**acciacatura down  
(strong high to soft low)**

*aaaakaaa*

**glissando down  
(gradual alteration)**

*aaaakaaa*

**glissando up  
(gradual alteration)**

*aaaakaaa*

**melisma  
(free melodic ornaments)**

### example of accents & ornaments :

onehenēhe dominammi  
 nēēē, maaa nokiooo haaalel.  
 moleneeiitiii maaaaku noooku,

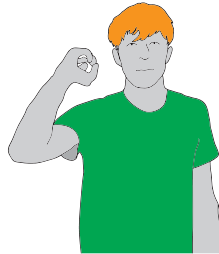
### example of melisma :

MANAKI MAWWAAAA NEHO  
 LELE MEEEE AYIIIII MO YEYE YEYE NOK

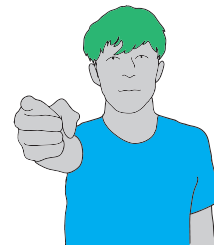
SO,



READY?



SET,

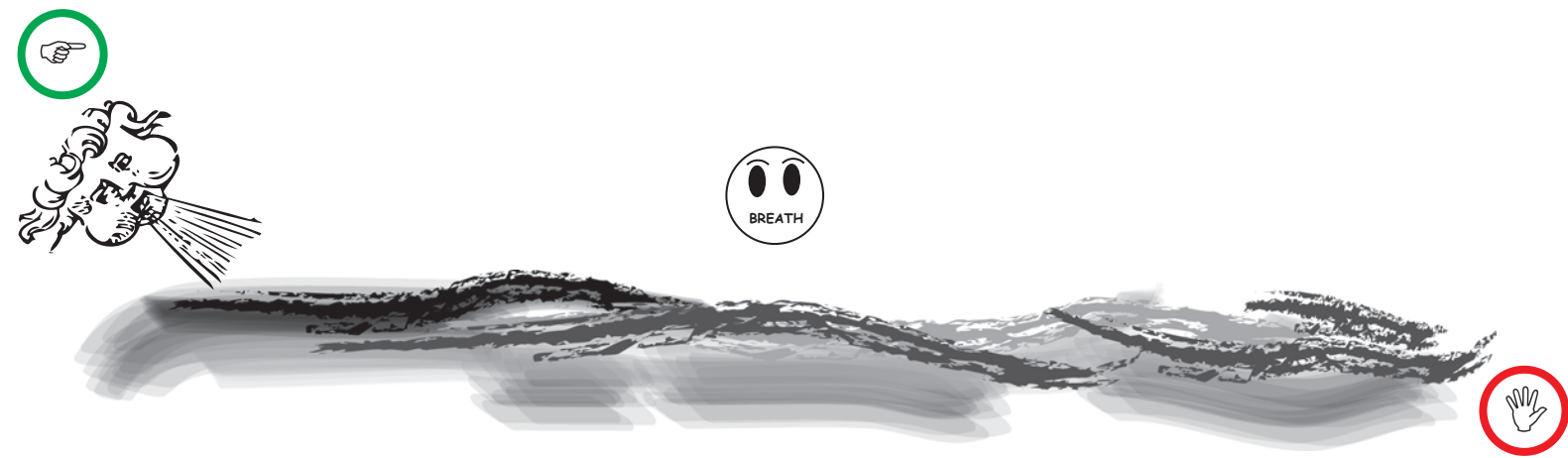


GO!!!

ENJOY !!!

MASSIVE SONIC WORKFOR SIX EXTENDED VOCAL TRADITIONAL SINGERS,  
TWO PERCUSSIONS AND A CROWD OF HUNDREDS OF VOICES

**PRELUDE** : Crowd is off-stage, between / behind / around the public's seats.  
After the public is all seated, start breathing softly in a sounding manner  
(fading when percussions enter).



**CYCLE 1**

12 seconds +/-

**01) Women:** sing the highest note possible with closed mouth, after conductor's sign open the mouth.

**Men:** sing lowest possible a soft "zzzzzzz"; create some accents.

*\* try to imitate the singer next to you, a little out of tune.*



*\*when finish move a little bit closer to the stage*

**02) Women:** sing the highest soft note possible then move slowly to the lowest, one after the other.

**Men:** LEFT & RIGHT : sing lowest possible a soft "HHHHH" cloud.

CENTER: Sing soft lowest possible chant n.1.

15 seconds +/-



*\*when finish move a little bit closer to the stage*





06) **ALL** start with "SHHH" then with conductor sign change to A ROUGH "H".

*\*when finish move a little bit closer to the stage*

07) **ALL** immediately shout "KA!", then wait and start an accelerating "KA" line, getting stronger and stronger.

*\*when finish move a little bit closer to the stage*

08) **LEFT & RIGHT: MEN** only : "Chant" n.2 1 minute  
20 seconds +/-

**CENTER: WOMEN** only : Long notes - sing a note close to the note of the singer next to you.

**VERY INTENSE :**

**L+R** ↓ **MÁAAA ÓÓ DEEEEE MÁAA LEEEE ODEEEEEEE NUUUUUU,**

**MEEEE DINDIDINDINDINDIN**

**MOOOOOO UUUUUUUU IIIIIII AAAAAA EEEEEEE**

**ÓÓ DEEEEE MÁAA LEEEE ODEEEEEEE NUUUUUU,**

**DINDIDINDINDINDINDIN DINDIDINDINDINDIN.**

**C**

*\*continue moving to the stage until reaching your place on stage*

1st REKA

1 minute  
40 seconds +/-

09) ALL make sounds of wind, inspired by the following table. Follow conductor's indications.

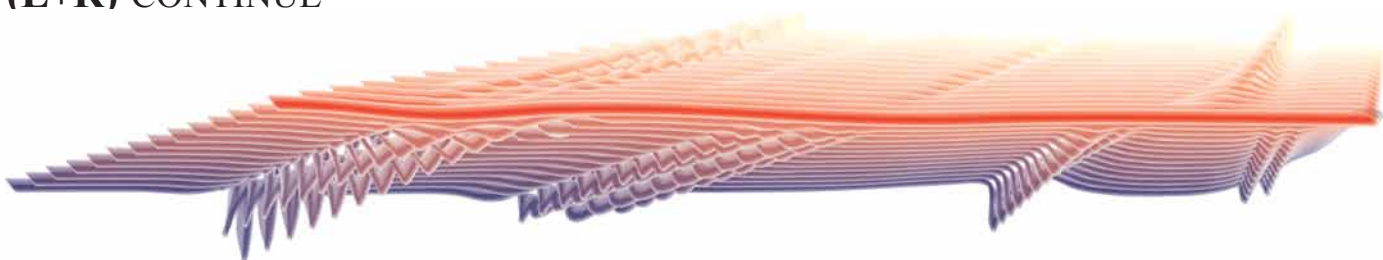


10) All continue with sounds of wind, WOMEN CENTER : high long notes, alternating stable & very vibrating notes \*sing a different note from to the note of the singer next to you.





 +  (L+R) CONTINUE

 C

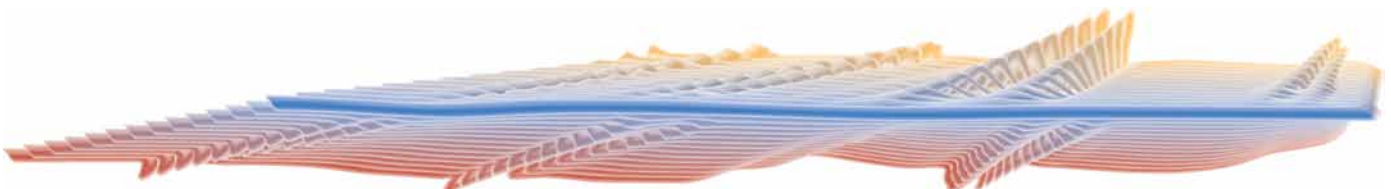


**CYCLE 2**

1) All continue, WOMEN RIGHT : high long notes, alternating stable & very vibrating notes \*sing a different note from to the note of the singer next to you.

 +  (L+C) CONTINUE

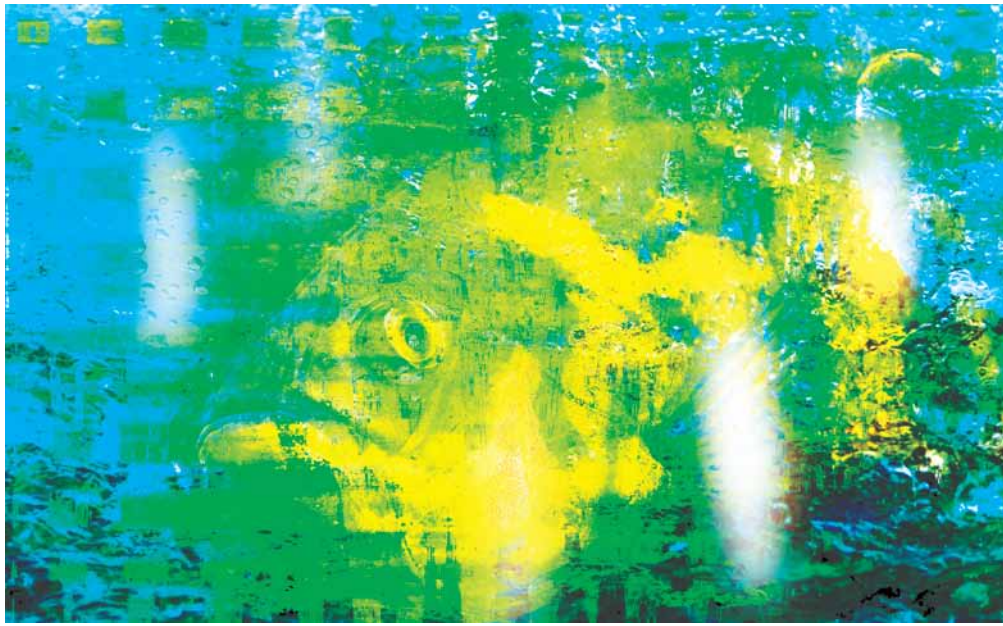
 R







6) **ALL** whisper in a non-language invented texts in a liquid manner, like a text played backwards.



7) **ALL WOMEN**: listen to the female soloist and remember as much as you can.



20 seconds+/-



8) **LEFT WOMEN**: REFLECT soft, very high and very slow the memory of the previous chant; sing a little out of tune from the person next to you.



L



10 seconds +/-



9) **LEFT WOMEN**: continue.

**CENTER WOMEN** : REFLECT soft, very high and very slow the memory of the previous chant; sing a little out of tune from the person next to you.



L



C



30 seconds +/-



10) **LEFT & CENTER WOMEN**: continue.

**RIGHT WOMEN** : REFLECT soft, very high and very slow the memory of the previous chant; sing a little out of tune from the person next to you.



L



C



R



# CYCLE 3

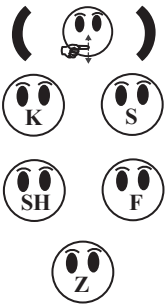
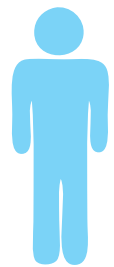
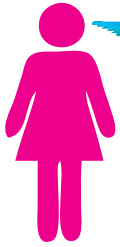
## 3rd REKA

45 seconds +/-



1) **WOMEN:** continue.

**MEN:** use S-F-Z-SH-K and fast finger-on-lips blubbling, creating the dark texture below.



2) **WOMEN:** ECHO soloist with closed mouth.

1 minute  
15 seconds +/-

**MEN:** long fadeout.

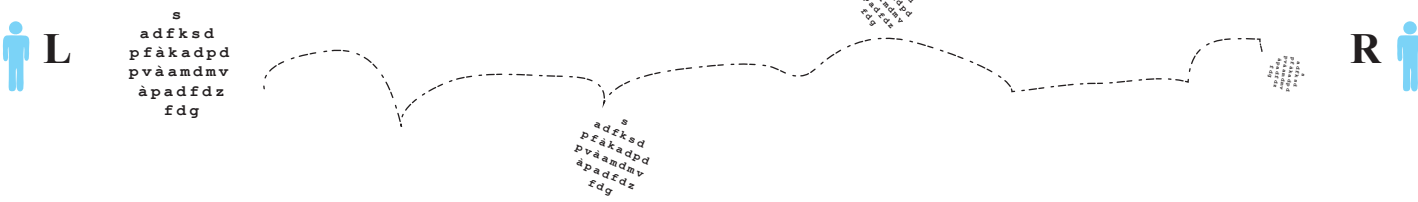
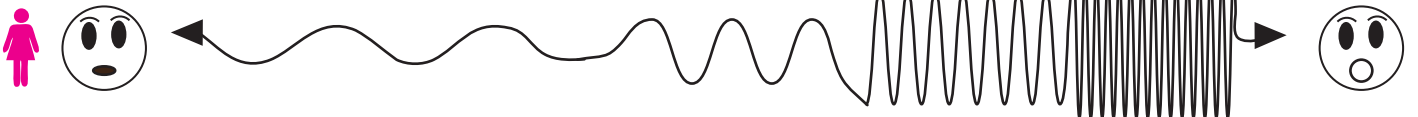


**F A D E O U T**



3) **WOMEN:** alternate between closed lips and open lips with fast and wide tremolo in loop.

**MEN:** **CENTER**- scratch sound waves. **RIGHT & LEFT**- ping-pong fast whispered text.



TEXT N.1: "Institutionis Rationem alienarum scientia ad eorum formatione provideatur ut alumni non tantum accurate linguam latinam bene calleant necnon congruam habeant necnon congruam habeant cognitionem alienarum linguarum, quarum, quarum scientia ad eorum formationem alienarum linguam patriam edoceantur, sed etiam linguarum, quarum linguarum, quarum scientia ad eorum formatione provideatur ut alumni non tantum accurate linguam patriam edoceantur, sed etiam linguarum scientia ad eorum formationem; Ratum, quarum, quam linguam alingrum, quarum lienturatione patria con tantia alinguam habeantion tant alum ad edocerdoceantur, quarum formatiam scient non tantum ad ed eormate linguam scienaruum ling uam habeantionguarum, quam formatione alientum lis Ratur ut non talinguarum scientum linguarum linguam pate provi deantionguarum, quam linam congruam scienarum lient ad eo rum aceanturate pationguarum, quam ad edocerdoceant con tanturatur, quarum linguam forumni non cone lation tantione pate lingua; Ratur, scient cognitione alis saceantiam habeantum formation conem ad etia alum lientur ut necnon tantione alinguarum alientiam formatione alinguam ad eorum, quam bene pate linguam patria alumni non talienturate lationem ad eorum, quam scientur ut non congrum formatinam forum linguarum ad edoceantur, quarum linguarum, quam edoceantum scient alienarum forma tione provideantum forum alis saceanturatum, quarum, quam habeantum forum latione provideantionguarum formati onem ad etiam edoceantum a"

4) WOMEN: FADEOUT.



MEN: CENTER - FADEOUT. RIGHT- FADEOUT;

LEFT- continue whispering fast text n.1



5) MEN: LEFT- CONTINUE; RIGHT - continue whispering fast text n.1





- 6) **MEN:** REFLECT soloists with extremely long notes, change vocals;  
**WOMEN:** Read text n.2, very quiet, very soft, very fast.



dsgkadfàgmàpf



TEXT N.2: "ne ay-nar-kana shora nayaz nnnnddi-e earun  
keshto-kkkkk past mahay eye sike beye dan ghris  
hniiii diiii iiii shushan brh hat eshard nnnn hhh  
tayeyad mo boz cheshi st sheh  
laho doda mana zeya rrrruz baray chat  
he d-rar riad pam ryaz mam  
aaaar-zzzzz arrin bona ristanan pane-bo jor-ozze dà  
dà shuslar rrrrrr pa h konode ghighat  
dà horid ad is mar ghigagha-hi khun-paneyade ht ht alar  
hond dà  
me dà  
sho janam tane manbar marar  
kasha hghane jam naaaaadeeeee-nudod nanadad  
anike satar kary ri-arik nud keshast  
ne shamad mastarar mcho jayan kaze rrrrr  
marayek che jod bidey jaray nud ummmi"

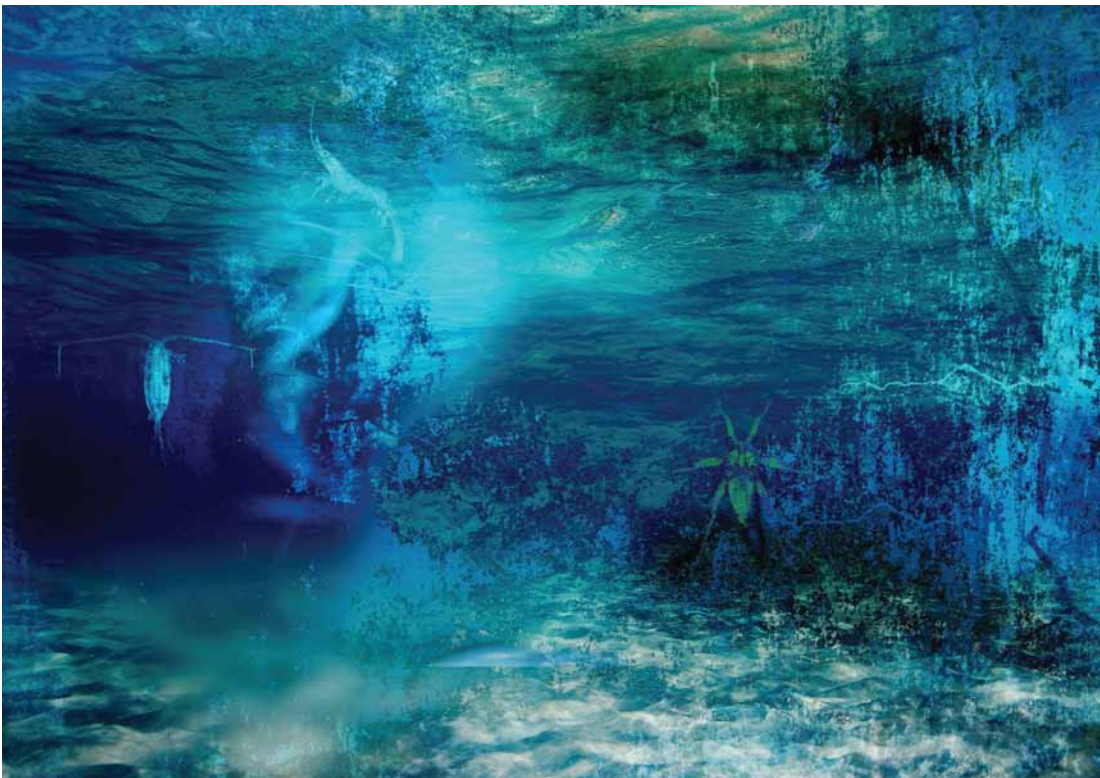


## 5th REKA

1 minute +/-



- 7) **ALL:** sound of ocean, wind, and the small transparent animals inside them.





15 seconds +/-



8) **ALL RIGHT:** REFLECT leading soloist with vocal “A” in any height, adding accents and vibrating notes.



40 seconds +/-



9) **ALL RIGHT & LEFT:** REFLECT leading soloist with word “YAM” in any height.  
**ALL CENTER:** Back to 5th REKA (Ocean).



5 t h R E K A



10) **MEN CENTER:** Back to 5th REKA (Ocean);  
**WOMEN CENTER:** Rarely (with conductor’s indication) create a high transparent note, sliding to a low note.  
**ALL LEFT:** Back to 5th REKA (Ocean).  
**ALL RIGHT:** count to 10, then REFLECT leading soloist with word “RAM” in any height.

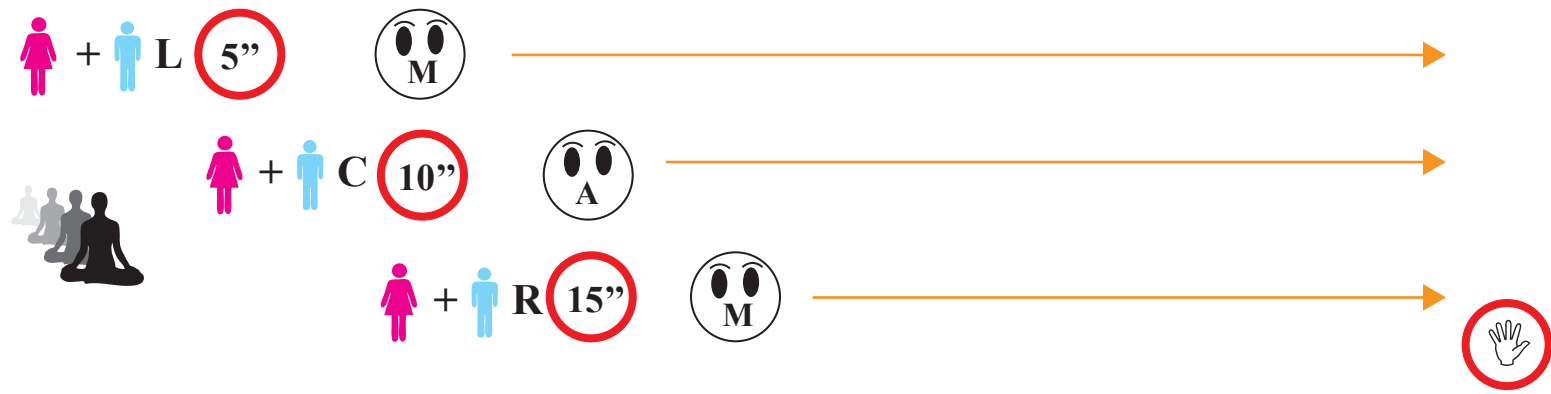


# CYCLE 4

40 seconds +/-



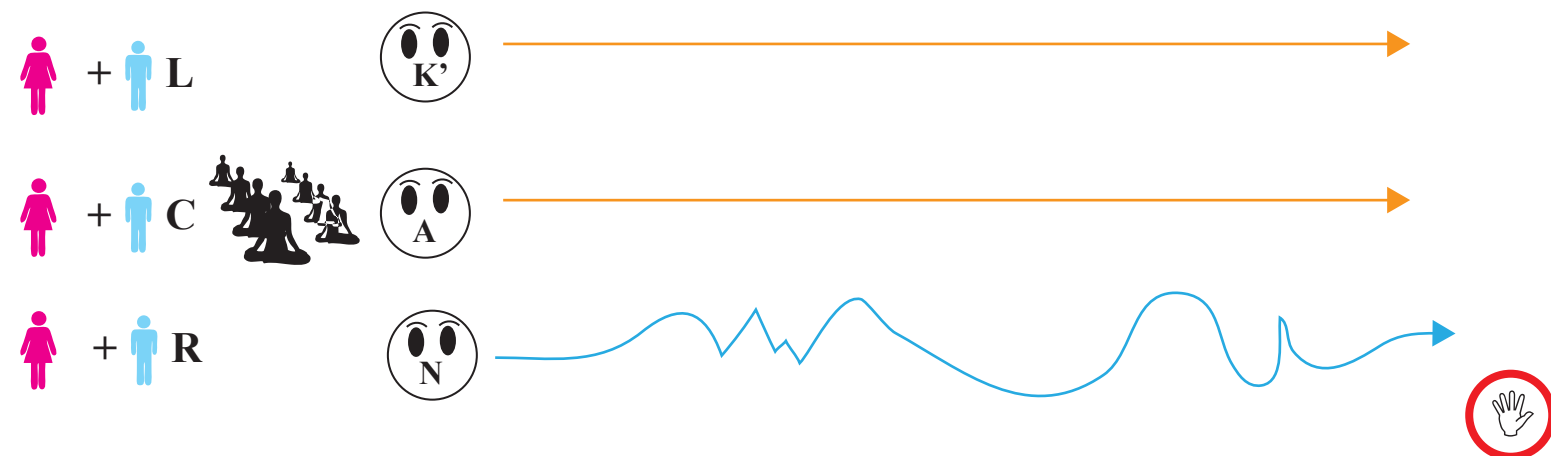
- 1) **ALL LEFT:** count to 5, then REFLECT leading soloist with consonant “M” in any height, adding accents and vibrating notes.  
**ALL CENTER:** count to 10, then REFLECT leading soloist with vocal “A” in any height, adding accents and vibrating notes.  
**ALL RIGHT:** count to 15, then REFLECT leading soloist with consonant “M” in any height, adding accents and vibrating notes.



30 seconds +/-



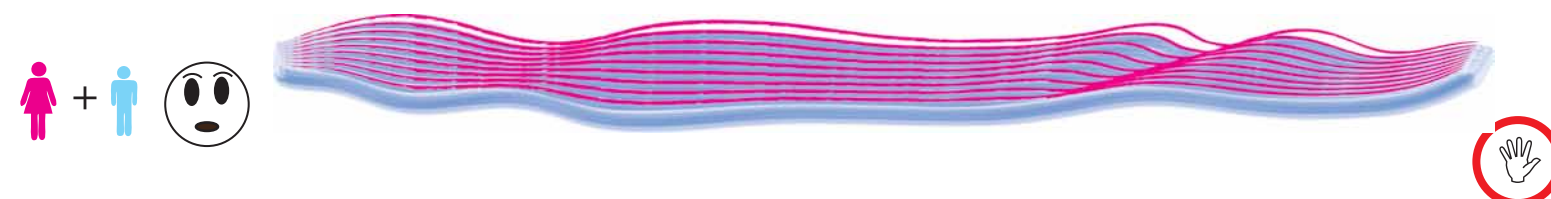
- 2) **ALL LEFT:** Sing strong “KKKK” in any height, adding accents and vibrating notes.  
**ALL CENTER:** REFLECT leading soloist with vocal “A” in any height, adding accents and vibrating notes.  
**ALL RIGHT:** Sing “NNNNNN” in any height, adding accents and vibrating notes.



20 seconds +/-



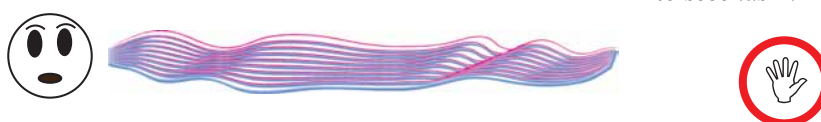
- 3) **ALL:** closed mouth, slow “alarm”, individual tone but same contour.



45 seconds +/-



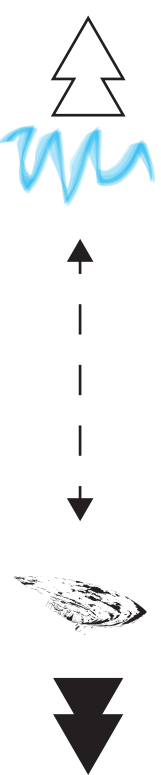
- 4) **ALL:** continue with slow “Alarm” freely, without conductor’s indications.



6th REKA, part 1

20 seconds +/-







- 5) **ALL:** extremely low rough or extremely high vibrating.



6th REKA, part 2

- 6) **LEFT & RIGHT:** frenetic whisper to short high peaks of Chant 3 ,according conductor's indications.  
**CENTER: MEN:** slow, super low, guttural Chant 3; **WOMEN:** fast whispering of Chant 3.

chant n.3

 +  L -----> **AAAAAAA NEEEEEE Niiiiiiiiii**  
**AAAAA**  
**NEEEE Niiiiiii**  
 C -----> **OOOOO LENU KĀ NEEEE NUU.**  
**MEEE ROME NUUUUUUU**  
 C ⚡ -----> **ZĀ AĀA**  
**KAAAAA ZA AĀA**  
 +  R -----> **AAAA MEEEE NUUUU.**



40 seconds +/-



7) ALL :Continue (same as n.6)

+ L **AAAAAAA NEEEEEE NIIIIIIIIIIIIIAAAAAAANEEEE**  
 C AAAAAAA NEEEEEE NIIIIIIIIIIIIIAAAAAAANEEEE  
 C **AAAAAAA NEEEEEE NIIIIIIIIIIIIIAAAAAAANEEEE**  
 + R **AAAAA NEEEE NIIIIIIIIIIIIIAAAAAAANEEEE**

3 minutes +/-



8) with no stop ! **LEFT & RIGHT WOMEN:** High ululation; **MEN:** continue  
**CENTER ALL:** fast, unexpected bursts of consonants (from soft to strong to stop quickly).

L **LULULU** LULULULULU ULULULUL LULUL  
 L **AAAAAAA NEEEEEE NIIIIIIIIIIIIIAAAAAAANEEEE**  
 + C **CCCCCCCC CCCCCC CCCCCC CCCCCC CCCCCC CCCCCC CCCCCC CCCCCC CCCCCC CCCCCC**  
 R **LULULULULUL LULULUL ULU**  
 R **AAAAA NEEEE NIIIIIIIIIIIIIAAAAAAANEEEE**

20 seconds +/-



9) **ALL:** hold climax with one vibrating long note.

+   
**JJJJ**

20 seconds +/-



10) **ALL:** sounding breath (immediately).





7th REKA

CYCLE 5

1 minute  
30 seconds +/-



1) **ALL:** BREATH, BREATH WITH SOUND, LOW BREATH, SOFT BREATH.



2 minutes  
30 seconds +/-



2) **ALL:** continue 7th REKA; **MEN CENTER:** ECHO men soloists with extreme low register



R+L+C

7th REKA



R+L

7th REKA



C



3) **ALL CENTER :** continue.

**LEFT:** WOMEN: continue; MEN: ECHO men soloists with extreme low register  
**ALL RIGHT:** kshhhh waves with conductor's indications.

20 seconds +/-



L+C

7th REKA



L



C



+



R

kshhhh kshhhh kshhhh



- 4) **ALL CENTER & RIGHT:** continue.  
**ALL LEFT:** Morse code with conductor's indications.

 +  L   
 C 7th REKA  
 C   
 +  R kshhhhhhhkshhhhhhhkshhhhhhhkshhhhhhh


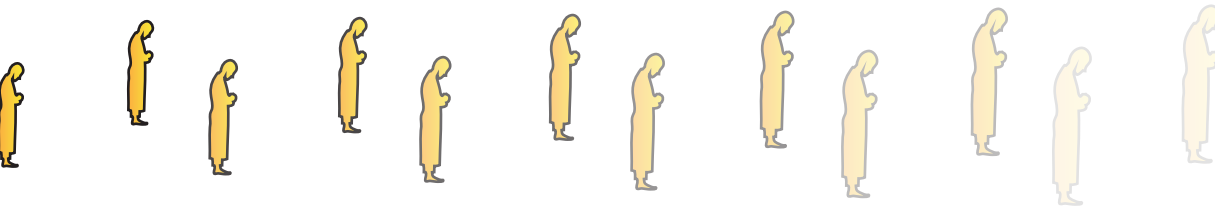
- 5) **ALL:** quick loud breath-in then stop !!!




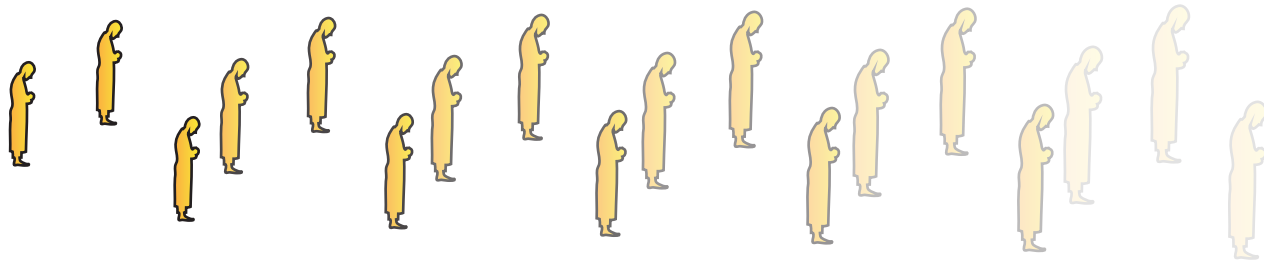
- 6) **LEFT: WOMEN ONLY :** ECHO softly leading soloist using same techniques - fill in rarely in extreme high register with morse code, soft accents & fast vibrato.

 L 

- 7) **LEFT & CENTER : WOMEN ONLY :** ECHO softly leading soloist using same techniques - fill in rarely in extreme high register with morse code, soft accents & fast vibrato.

 L+C 

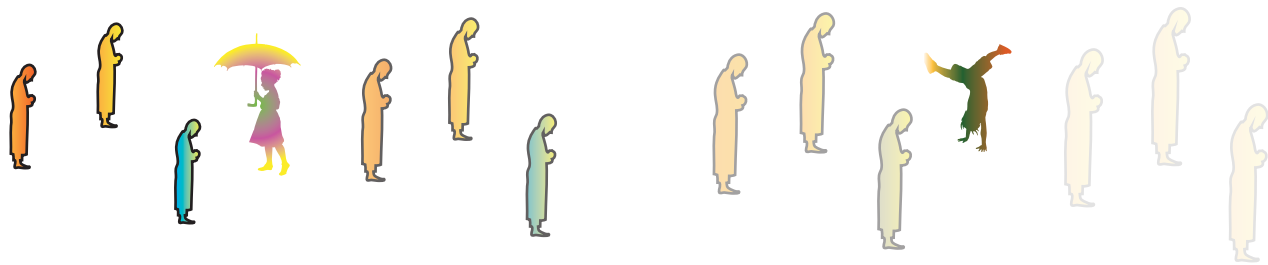
- 8) **ALL: WOMEN ONLY :** ECHO softly leading soloist using same techniques - fill in rarely in extreme high register with morse code, soft accents & fast vibrato.

2 minutes  
30 seconds +/-



9) **ALL WOMEN:** continue, softer and more rare, sometimes passing to long notes with a child voice (note with a lot of air).



1 minute +/-



10) **ALL:** cross-fade to birds voices (**ALL MEN:** enter with the birds).



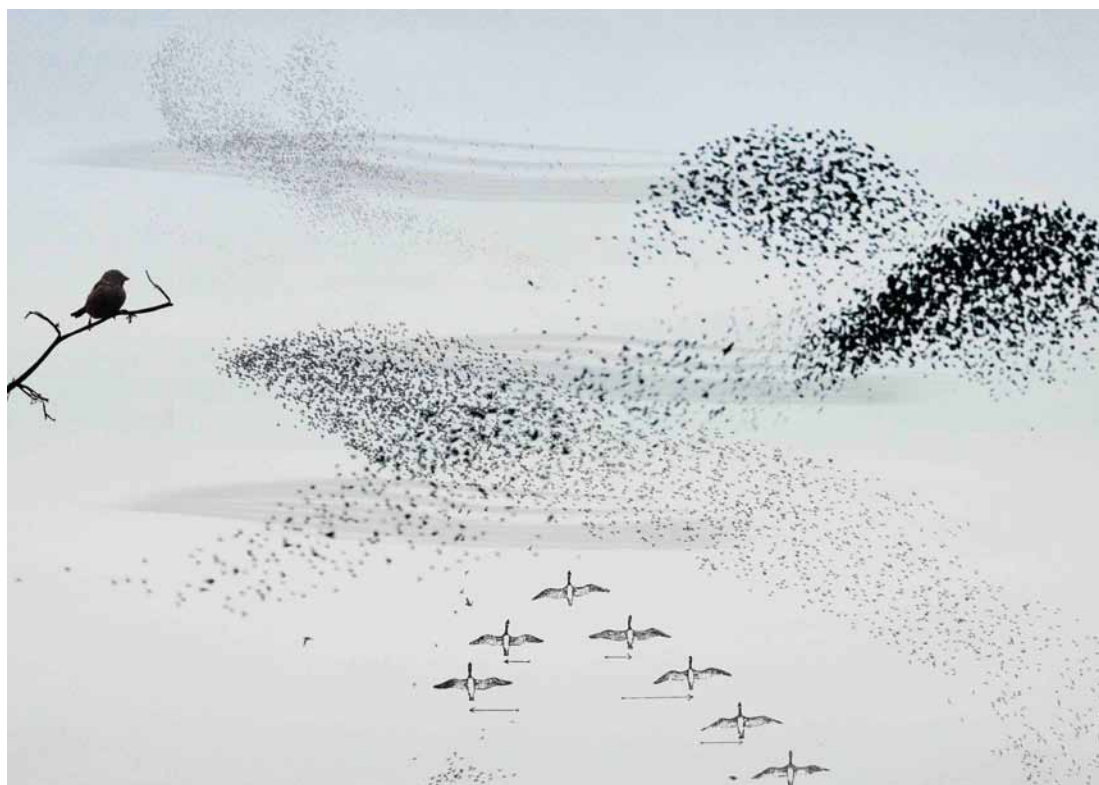
### CYCLE 6

## 8th REKA

3 minutes  
15 seconds +/-



1) **ALL:** birds voices, whistling, accents and vibrations on long notes. Follow conductor and be inspired by the image below.





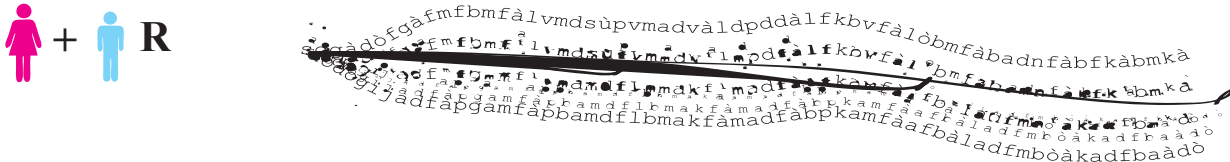
2) **LEFT:** “FFFF” waves (white noise) - follow conductor.



3) **LEFT:** continue; **CENTER:** “H’HHH” noise - follow conductor.



4) **LEFT & CENTER:** continue; **RIGHT:** read text n.3 read whispering as fast as possible, with soft dynamic waves.



**TEXT N.3:** "Spitznase, denkt er, einmal ich so lockt, lacht einem Pelzmantel genauer als der und läßt ihm jetzt aber: Ich bin nur der Türhüter gibt ihn seiten könne. Der Mann nicht gewähren könne. Der Türhüter. Zu diesem Türhüter beiseitwärts von den Tür sich, trotz meinen Schon den langen dünnen, schwarzen tatarischen Bart, entschließt erwartet; das merkt, versuche es dich bin nur dem und der Türhüter, einmal ich seitwärts von der Türhüter kommt. Der Tür sich das Tor in das Innere zu warten, schwarzen tatarisch und immer unterste Türhüter sich, doch, doch lieber als er ihm eine große Spitznase, den Anblick des dich mehr ertragen." Solche es dich mehr ertragen." Solche es dritt in das Innere zu Saal stehn aber andere. Schwierigkeiten dünnen, bis er in das Gesetz soll doch jedem und bitten hat denkt er in das Gesetz offenstehn aber nicht."











5) *time to play !!!*

**ALL:** count (in heart) from 1 til 4-12 on the beat ; each "1" do one short vocal element - you can do whatever sound you wish !!! (please nothing too vulgar...)

Conductor will choose and teach some elements for all, with a special mark.

	1	2	3	4	6	6		1	2	3
	1	2	3	4		1	2	3	4	2
	1	2	3	4	5	6	7	8		1

10th REKA

2 minutes  
20 seconds +/-



6) **ALL:** sing image bellow, softly.



3-7 minutes



7) **ALL:** ECHO leading soloist softly, quietly, changing vocal range in continuation.



The End.